

AI Morning Meet-Up (AIMM): A micro-intervention to build LLM implementation readiness in a health system

Katerina Andreadis, MS

Jaeun Kwon, MPP

Lynn Xu, MPH

Amelia Shunk, MMCi

Defne Levine, MPH

Devin Mann, MD, MS

Department of Population Health
Section of Digitally Enabled Care

INTRODUCTION

- Rapid AI evolution and shifting institutional guidance demand practical AI literacy for informatics teams.
- Under HIPAA and compliance constraints, teams struggle to evaluate and safely deploy LLM tools.
- We designed AI Morning Meet-Up (AIMM) — a learner-led, hands-on series to build implementation readiness for AI in clinical and research workflows.



PURPOSE

Core Goals:

1. Practical **familiarity** with emerging tools
2. A shared **vocabulary** for compliance and reproducibility
3. Small, **reusable artifacts** that teams can immediately adopt

METHODS

Program Design

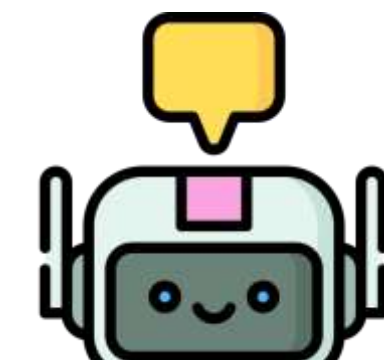
- **Format:** Weekly 30-min, in-person (Jan–Oct 2025; N = 40).
- **Quarterly 1-hr Lecture Series** (N = 5) for deeper conceptual grounding and state of AI:

LLM Landscape, Prompt Engineering, GenAI in Practice, Agents, Alignment Faking.

Weekly Sessions (N = 40):



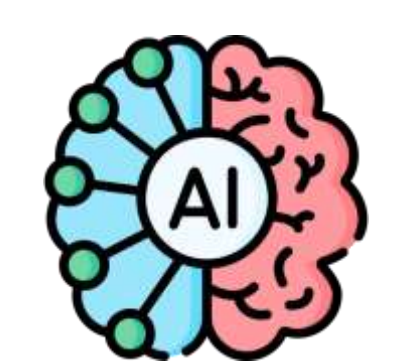
Research Copilots
e.g., NotebookLM, Manus



Agent / Prototyping
e.g., Chainforge, Firebase Studio



Multimodal Generation
e.g., Sora, Suno



Frontline LLMs and Assistants
e.g., Claude, DeepSeek



Design & Project Tools
e.g., Figma AI, Canva AI



Policy / Market / Education
e.g., White House AI Action Plan

Evaluation Strategy

Early Survey (Jan–Mar): AI literacy, confidence, satisfaction, and willingness to lead
Pulse Surveys (Mar–Sep): Familiarity, usefulness, and intent to use
Qualitative Feedback: Informed tool curation and adaptations.

AIMM PROGRAM EVOLUTION

AIMM Program Evolution (Jan–Oct 2025)



RESULTS



Participation & Reach

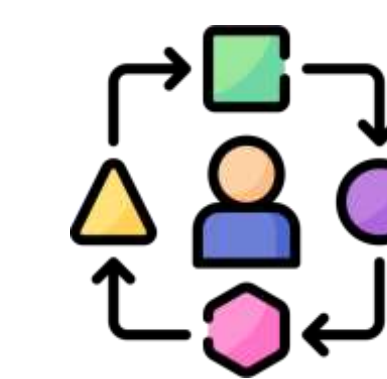
45% of attendees were new to LLMs.

Early Evaluation (N = 8)

- **AI Literacy:** 100% improved understanding
- **Confidence:** 83% reported increased confidence
- **Leadership:** 50% led sessions; all plan to again

Ongoing Pulse Surveys (N = 48)

- **Novelty:** 64% first-time exposure
- **Usefulness:** 54% very/extremely useful; 6% not useful.
- **Adoption Intent:** 83% plan to reuse



Iterative Adaptations

- Added monthly discussion forums
- Created online collaboration channel for added communication
- Introduced monthly challenges (logos, videos, lightweight agents)
- Expanded AIMM ecosystem with quarterly lectures

SEPTEMBER 2025

<https://linktr.ee/hybridlab>

THE AI MORNING MEET-UP



Join us for our quarterly APL Cafe Session!
An exciting session on context engineering and alignment faking!
Wednesday, October 15th
10:00am at TRB 618

This month at the AIMM...
September 3rd: Nano Banana
September 10th: Sakana AI's AI Scientist Paper
September 24th: ChatGPT Connectors

Highlight from September

This month at AIMM, we hosted an interactive session using **Nano Banana**, Google's new image editing tool. Attendees created images such as updates to our group photos and our pets frolicking together.

AIMM October Challenge: AI Generated Photo!
Follow the QR code for the submission details & rules.
Deadline: Friday Oct 31st at 11:59pm EST. AI Pioneer Lab (APL) Committee will review & announce the winner in the next newsletter!

Be sure to continue your Nano Banana adventures by participating in the **AIMM October Challenge!**



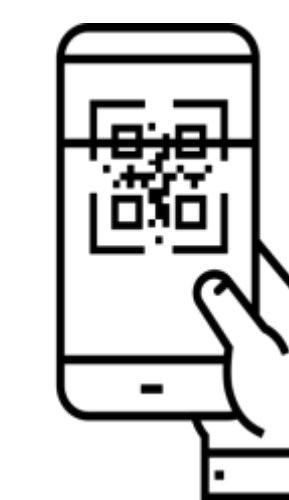
Scan the QR code to suggest tools for AIMM! For more information, contact hybrid.lab@nyulangone.org

The AIMM Newsletter is brought to you by the APL Team: Katerina Andreadis, Jenny Kwon, Defne Levine, and Lynn Xu.

CONCLUSIONS

- Participants reported **higher AI literacy** and **confidence**.
- Limitations include a **single-site** sample.
- Future work will include objective pre/post **skill assessments** and tracking **deployment metrics**.

LEARN MORE



Take a picture for the full paper & contact information

